



DOSHA
salon spa

Dosha Salon Spa
Service Menu
The Balance of a Beautiful Life

Facial Services

Tulasara Facial

A personalized facial based on your skins specific needs. After a thorough consultation, your skin therapist will provide the best combination of products, personalized Aveda aromas and techniques, and design a customized facial that will move your skin toward balance and reveal its natural beauty.

Facial treatments are recommended on a weekly or monthly basis to achieve and maintain optimal results. Your skin therapist will develop a comprehensive plan designed to meet your individual needs and expectations.

60 Minutes | \$75 - Series of 3 | \$192

Acne Treatment Facial

A botanical approach to treating stressed and problematic skin, this advanced facial utilizes Aveda's approach to treating acne. Experience deep cleansing, exfoliation, extractions, and powerful detoxifying massage techniques that will restore skin clarity, texture, and reduce redness.

60 Minutes | \$85 - Series of 3 | \$217

Regarding Children:

Children are only permitted in the salon or spa area when having a service. For safety reasons, no child under the age of 10 may accompany you while you are having a salon service. Children of any age not in service are not allowed in the spa. Safety is our first priority and we cannot assure their care in a professional environment. Thank you for your understanding.

Botanical Skin Resurfacing Treatment Facial

Restore radiance without irritation with Aveda's botanical alternative to microdermabrasion. This facial utilizes Aveda's Tourmaline Charged system to refine your skins texture, reduce the appearance of fine lines, discoloration, and pore size revealing a more even, radiant complexion.

60 Minutes | \$95 - Series of 3 | \$243

Dual Exfoliation Facial

Aveda's latest advanced non-invasive, skin renewing treatment. Using innovative techniques, this treatment combines Aveda's naturally mechanical and biochemical exfoliation methods into one powerful service that transforms the skin through the process of dual exfoliation treatment.

The treatment results improve the skins texture, clarity, and radiance. Smooth appearance of fine lines and wrinkles; refine pores, revealing fresher, younger looking skin. You will see immediate, visible results within one treatment. Experience the rejuvenating power of plants and minerals to help your skin look and feel its best.

60 Minutes | \$110 - Series of 3 | \$280

Lash Tint:	\$20 Series \$51
Brow Tint:	\$20 Series \$51

Enhancements

Perfecting Plant Peel-Hand and Décolleté Treatment

Add the Perfecting Plant Peel treatment to your hands and décolleté. Warming the skin and opening up pores, this treatment will renew your skin as well as smoothing your skins texture especially from sun damage and age spots.

With Any Facial Treatment | \$25

Head to Sole Renewing Treatment

Calm your body, mind and sole by adding aromatic steam towels to your feet and additional massage manipulations from head to toe to release stress. *Additional time: 15 minutes*

With Any Facial Treatment | \$25

Skin Renewing Eye Treatment

See your eyes come alive with the vital energy of plants, and massage movements inspired by ancient healing. Botanical Kinetics™ energizing eye crème revitalizes eyes by helping diminish dark circles and reduce puffiness with licorice root and coffee bean extracts—while gentle activation of specific pressure points helps energize the look of skin around your eyes. *Additional time: 15 minutes*

With Any Facial Treatment | \$25

Master Pressure Points Treatment

Calm mind and body while improving your skin's overall tone with our facial focused pressure point series. Activation of these master facial pressure points will boost circulation, aid in the elimination of toxins, and release stress.

With Any Facial Treatment | \$15



Note: Facial treatments may be applied to the face or back.

Day Spa Packages

Rejuvenation

Pampering at its best! This full day salon and spa experience will leave you relaxed, refreshed, and ready for a night on the town. Includes: One Hour Swedish Massage | Tulasara Facial | Lunch | Spa Manicure & Spa Pedicure | Shampoo and Styling of Hair | Makeup Application

Package | \$335

Spa Sampler

The Spa Sampler package is our half day spa experience. Taking roughly 3-4 hours, your loved one will receive a relaxing One Hour Swedish Massage | Tulasara Facial | Spa Pedicure.

Package | \$190

Customized Packages Available

Speak with any of our Dosha team members on a customized package that may suit your salon spa experience.

MAKE TIME FOR YOURSELF
TO RELAX & BE PAMPERED



Body Smoothing

Detoxifying Moor Mud Wrap

Purify and restore the body and soothe the senses. This full body treatment, inspired by ancient healers, utilizes more than 1,000 plant extracts and trace minerals to release toxins and increase circulation. A soothing experience, completed with our relaxing water treatment in the Vichy Room. *Available only at Dosha Hawthorne location.*

\$110 | Series \$280

Body Elixir

Experience this premiere service in our Vichy Room. Treat the body to gentle exfoliation utilizing a combination of pulsating water and Aveda Soothing Aqua Therapy Sea Salts, resulting in softer and smoother skin. *Available only at Dosha Hawthorne location.*

\$110 | Series \$280

Aveda Herbal Body Wrap

With lymphatic massage using Aveda compositions and a customized masque, the body is wrapped, which helps to release toxins while hydrating the skin and relaxing the senses.

\$75 | Series \$179

Rosemary Mint Awakening Body Wrap

Renew body and mind with this stimulating yet nurturing dry wrap. The body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses, while a scalp and foot massage provide balance for your whole body.

\$75 | Series \$179

Waxing

Brow Shaping	\$18+ Series \$46
Lip	\$16+ Series \$40
Cheeks	\$16+ Series \$40
Chin	\$16+ Series \$40
Neck	\$20+ Series \$51
Hand	\$16+ Series \$40
Underarm	\$20+ Series \$51
Full Arm	\$35+ Series \$90
Half Arm	\$20+ Series \$51
Full Leg	\$60+ Series \$153
Half Leg	\$40+ Series \$102
Feet	\$16+ Series \$40
Glutes	\$16+ Series \$40
Navel	\$16+ Series \$40
Bikini	\$30+ Series \$77
French Bikini	\$50+ Series \$128
Brazilian	\$70+ Series \$178
Stomach	\$35+ Series \$90
Back	\$50+ Series \$128
Partial Back	\$25+ Series \$64
Chest	\$40+ Series \$102
Nose	\$16+ Series \$40
Ear	\$16+ Series \$40

Massage Services

Swedish Massage

One of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart. Swedish massage therapy goes beyond relaxation. Swedish massage is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension.

1 hour \$75 | Series \$192

1 ½ hours \$120 | Series \$306

Deep Tissue

Deep tissue is ideal for anyone who suffers from chronic pain or limited mobility due to athletic training, repetitive movements, and/or overuse. Deep tissue massage improves lymphatic circulation and drainage thus improving flexibility and range of motion in the affected area. Since it facilitates the movement of toxins from the muscles and helps stretch tight or twisted muscle mass, deep-tissue massage can help promote healing.

Choose from three targeted areas: (Legs/Feet) (Back/Neck) (Hands/Arms)

1 hour \$85 | Series \$217

1 ½ hours \$145 | Series \$370

Sports Massage

Sports massage emphasizes prevention and healing of injuries to the muscles and tendons. It is ideal for people experiencing sports injuries, chronic pain, or restricted range of motion. Sports massage therapy can be used as a means to enhance pre-event preparation and reduce recovery time after an event. For anyone participating in regular physical activity, sports massage therapy every week or two may be a great addition to your normal regimen.

1 hour \$85 | Series \$217

1 ½ hours \$145 | Series \$370



Enhancements

Foot Massage \$15

Need a little extra pampering for your feet? Add on this additional 15 minute enhancement to any of our massages.

Prenatal Massage

Prenatal massage is a wonderful compliment to your prenatal care. It is a healthy way to reduce stress and promote overall wellness. Prenatal massage relieves many of the normal discomforts experienced during pregnancy, such as backaches, stiff neck, leg cramps, headaches and loss of sleep. In addition, prenatal massage reduces stress on weight-bearing joints and encourages blood and lymph circulation.

1 hour \$90 | Series \$230

Hot Stone Massage

A variation of a traditional massage, a hot stone massage utilizes stones heated from 120 to 150 degrees with water. The thermal energy of heated rocks promotes great relaxation and muscle release. Large warm stones are placed on the Chakra points of the body while smaller, palm sized stones are used to massage the arms, legs, fingers and toes. The heat can help relieve muscle tension and allow the body to relax and be at ease.

1 hour \$95 | Series \$243

Dosha Massage

Enjoy total luxury for the body and mind in our Vichy Room. Begin with a rejuvenating 45 minute Swedish massage to relieve muscle tension. Complete the service with our Body Elixir. The Body Elixir is a gentle exfoliation utilizing a combination of pulsating water and Aveda Soothing Aqua Therapy Salts, resulting in softer and smoother skin. *Available only at Dosha Hawthorne location.*

1 ½ hours \$145 | Series \$370

** To ensure there are no restrictions on the type or duration of your massage, please consult your physician prior to your service.*



Salon Services

Enhancements

Botanical Moisture Treatment	\$25
Botanical Strength Treatment	\$25
Gloss Treatment (when combined with a haircut or set & style)	\$35+
Additional Styling Time	\$40+

Haircut Price	Dimensional Color	All Over Color
\$40-\$45	\$100 and up	\$70 and up
\$50-\$55	\$110 and up	\$80 and up
\$60+	\$120 and up	\$85 and up

Color Correction

Pricing available through consultation. A consultation is required for all corrective color services.

Permanent Waving	\$110+	Updos	\$50+
Shampoo and Blow Dry	\$50+	Wedding Styles	\$50+



Nail Services

Spa Manicure

Indulge in the epitome of luxurious nail services. This signature manicure starts with an Aveda sensory journey; includes hot towel wrap, shaping of the nails, cuticle treatment, natural buffing, hand and arm massage and an application of polish.

\$30 | Series \$77

Shellac Manicure

Utilizing the premier nail gel, CND Shellac. This CND manicure includes shaping of the nails, cuticle treatment, natural buffing, hand and arm massage and an application of CND Shellac polish.

\$35 | Series \$90

Spa Pedicure

An extraordinary Aveda sensory journey with extra attention given to soothing and pampering tired, overworked feet.

A warm foot bath, gentle exfoliation, hot towel wrap, shaping of the nails, cuticle treatment, callous reduction, complete foot massage and an application of polish provides ultimate relaxation.

\$40 | Series \$102

Nail Polish Brands We Offer:



O·P·I

Enhancements

Paraffin Dip \$10

French Polish \$10

Intensive Callus Treatment \$10

Nail Art:

1 to 2 Nails \$3/ea

Full Set \$10+



Bridal Services

Dosha Salon Spa can help create your perfect look for your wedding day. From the moment you walk down the aisle to your very last dance, Dosha is committed to making you and your bridal party picture perfect! With six convenient locations, customized bridal packages, and our Dosha Elite Team; we are sure to meet your needs. Let us help tell your memorable story through the beauty of hair and makeup with Dosha Salon Spa.

Dosha Stylist & Makeup Artist

Hair Style	\$50+
Makeup	\$50+

* For Bridal Elite Team pricing
please refer to next page.

Trial Sessions \$50+

Trial Sessions are essential to create the perfect bridal look. Whether you schedule one or two sessions we ensure your hair and makeup will be unique to your personal style.

Cosmetics

Special Occasion Makeup	\$50+
Makeup Lesson	\$50+
Add Lashes	\$20+





The Bridal Elite Team

With numerous photo shoots, runway work, and extensive hands on experience with past Dosha Brides. Our team of elite bridal professionals is at your beck and call. Come to one of our six locations or we'll come to you. Relax and look your best right before you walk down the aisle.

Dosha Bridal Elite Team - In Salon

Trial Wedding Style: \$100

Trial Wedding Makeup: \$100

Wedding Day Style: \$125+

Wedding Day Makeup: \$125+

Bridal Party Members:

Wedding Day Style: \$75+

Wedding Day Makeup: \$75+

Dosha Bridal Elite Team - Off Site

Bride + 4 Party Members : \$1,050+

Al a Carte: Wedding Style: \$525

Al a Carte: Wedding Makeup: \$525

* For more information see our website.



Dosha Brides

Gorgeous, from the moment you walk down the aisle to the very last dance.



AVEDA

Northwest
519 NW 21st

5th Avenue
SW 5th & Washington

Bridgeport
Bridgeport Village

Clackamas
Clackamas Town Center

Hawthorne
3490 SE Hawthorne Blvd.

Beaverton
14795 SW Murray Scholls Drive

503.228.8280 | dosha.org

Proud to be locally owned and operated since 1991.

To ensure your personal comfort, we ask that you leave all valuable items at home. Dosha Salon Spa will not be responsible for lost or stolen personal belongings. Pricing may be subject to change.